

MAY WALKS

REGISTRATION ½ hour before all walks

WEDNESDAY WALKS 9AM & 6PM

- 3rd **Loudonville**-The Crossings of Colonie
- 10th **Castleton***-Sacred Heart Church
- 17th **Round Lake***-the Green
- 24th **Schenectady***-SCCC Parking Lot
- 31st **Loudonville***-Siena College-North Lot

GROUP

Saturday, May 13th **-9:30 AM, Cooperstown***, 10K
Start Point-Clark Sports Center
POC Winnie Balz

Saturday, May 27th **-9:30 AM, Saratoga
Battlefield***, 10K
Start Point-Visitor Center
POC Linda Morzillo

TRADITIONAL EVENT

ESCV SPRING PICNIC following walk
Saturday, May 20th **-Lake George***, 10K
Start 9:00-11:00AM finish by 1:00PM
Start Point-Ushers Park, 9L
Lunch buffet will start at 12:00PM noon
POC Susie Godshalk & Vera Weiss

*denotes walk qualifies for AVA Special Program

ESCV CLUB OFFICERS

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PRESIDENTIAL RAMBLINGS ...

WITH MAY'S ARRIVAL we start the busiest part of our walk schedule, the Wednesday guided walk program. In a period of 4 months with 18 Wednesdays, there will be a total of 43 possible times scheduled to do a volksmarch! Each week a contact person (POC) with the help of fellow volkssporters volunteer to run the walks that Wednesday. The schedule was outlined in our last newsletter and the booklet detailing the walks was recently sent to all members. Since it's not too late to volunteer to help, please contact POC's directly to see what you can do to ensure the success of the program. Our Wednesday Walk Coordinator Eileen Skinner has done a great job with her committee on coming up with a variety of walk sites this year and once again produced a walk booklet we all can be proud of!

...ALSO TIME FOR decisions by our current club officers to continue in office. They are being canvassed and a slate will be announced as part of the nomination/election process at our May club meeting by former president Mary Sorell. At that time, any other nominations will be accepted from the floor and the need for ballot election determined. The actual election of officers for next year will culminate at our June meeting.

...WALK THANKS go out to POC's Mary Agars and Shirley Pingelski for kick-off group walks that they oversaw since the last newsletter, Mary in Troy (RPI-Environs trail) on March 19 and Shirley in Williamstown on April 1. Also, Winnie Balz was the POC of our first traditional event of the year on April 8 in Schuylerville. While all these events were

challenged by the elements, those able to make them were rewarded by the fun, fellowship and fitness that volkssporting offers to all.

...PLANNING ENTHUSIASM is now the focus for the early efforts made towards celebrating our 20th Anniversary year in 2007. Club Historian Jack Hickey held an information and planning session that was well attended by those who stayed after the April club meeting. Input was sought on possible banquet sites which Vera Weiss & Eileen Sowa had researched, and many exciting ideas were put forth on how to embellish that type of social event from award displays to a power point presentation of club history! Club resident artist Ed Koch's logo for the anniversary year was revealed, and that, produced additional fervor on how that could be used from in house buttons & magnets to outside t-shirts, mugs and tote bags. Even a commemorative booklet to highlight club history and the year's special walk events was discussed. So if any of these ideas sound interesting to you and you have a talent that could help make it a reality please contact Jack!

...WELL WISHES go out to Emmy Koch as she recovers from recent arthroscopic knee surgery. Ed gave us an update on her condition at April's club meeting and we all hope that physical therapy goes well for both Em and her conditioning coach spouse. We want to see her back leading the pack as soon as possible!

ESCV SRING CLUB PICNIC **Saturday, May 20th , 2006**

Our Spring Club picnic is this month, May 20th in Lake George. We hope that you have saved this date for our 10Km walk. Bathrooms are located near the pavilion.

If it's a nice day, you might like to sit in the pavilion and talk the afternoon away enjoying the gorgeous views of Lake George or shopping at the many many outlet stores.

We will be providing soda and water. All other beverages will be your own responsibility. Please

bring individual plate, cutlery, napkins, cup, etc. There is an electrical outlet available. Sorry to all you pet lovers, this park does **NOT** allow pets!

Hope to see you at the Spring Club Picnic and the walk. We know you will enjoy walking , eating and kibitzing with your fellow Volkssporters!!

WALKER NAME TAGS

If you have noticed those attractive yellow name tags worn by most ESCV walkers, and have always yearned for your very own. Yearn no more. Winnie is looking to put in an order. For a nominal cost of \$3.00, you can have one. If you let her know, she'll be sure to add you to her list. Winniee@yahoo.com or give her a call at (518)372-3663.

MEETINGS, MEETINGS,

******* MONTHLY MEETING:**

Next meeting Thursday, May 18th, 2006, 6:30PM, at the Latham Fire Department, 226 Old Loudon Road, Latham.

Come one...Come all...to Each and Every One... an invitation to attend our informative monthly meetings. Enjoy strengthening and cultivating new friendships off the trails!

First Wednesday Guided Walk for 2006 - May 3

The first Wednesday guided walk will take place at the Crossings (a park in Colonie) on May 3, 2006. When you enter the park from Albany Shaker road go to the rear of the park. We have the south pavilion reserved with picnic tables. Bring your lunch and plan on staying after the 9am walk. The 6 pm walkers might want to come early and bring a light dinner with them. There are rest rooms available by the south pavilion. It's going to be a warm and sunny day so come out and enjoy the first Wednesday guided walk of the season. Hope everyone can attend.

Any questions I can be reached at CarolHD27@aol.com or 452-6475. Carol

FROM THE EDITORS

Articles for the June newsletter are due on Saturday, May 20th, 2006. Please send us any news items that you feel would be interesting to our membership. Your reflections on a past or upcoming volkswalk and/or trips are always welcome.

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Dan Schryver reports on his exciting trip to Knoxville...

On our way to Florida in February, we made our annual stop in Knoxville TN, to visit our daughter and her husband. While we were there I had the opportunity to try out the brand new 12 Km Volksmarch in downtown Knoxville. It starts at the Marriott Hotel which is located next to the Women's Basketball Hall of Fame on Hill Street. The trail passes through the site of the 1982 World's Fair with its many beautiful water features which, unfortunately, are not flowing in the wintertime. It then goes through the Old City and Market Square and unto the campus of the University of Tennessee (College Campus). UT was founded in 1794 and has more than 26,000 students and 400 academic programs. The campus also boasts the largest football stadium in the South and set an attendance record in 2000 of 108,768. The campus trek includes a visit to the Agriculture Gardens which again would be better visited in other than winter. The walk now takes you along the Tennessee River (Riverwalk America) for some distance, passing many great restaurants on the water. I can recommend all from previous visits to the area. While walking under one overpass, I heard the rumble of a train overhead and realized that the walk was also eligible for the Railroad Heritage Program. Later, the walk crossed over the tracks and I was able to identify the RR as the Knoxville and Holston River Railroad. The trail also passes various sites from the Civil War Seige and Battle of Knoxville, which qualifies it for the Civil War Special Program. So for those of you that haven't got your Tennessee State stamp or need a K for your A-Z book, Knoxville has a great walk with a lot to offer.

AMERICAN REVOLUTION WALKS

March 31 marked the end of the second year of the American Revolution Walks program. As of that date, we have sold 397 books, 97 of which have been returned for a patch (94) or a pin (3). The sales brought in income of \$3,176. Of that amount, \$1,184 has gone to expenses, primarily for awards (\$874), postage (\$149), and supplies (\$139). Our income less expenses is \$1,991.90, but we are currently holding back \$600 as a reserve for future expenses so our net profit to date is \$1,391.90. We have sent \$766 to AVA from this amount.

Sales have slowed considerably in the last quarter. This is probably due to most people with interest in the program having already purchased a book. Announcement of a second award for 15 additional walks was made in the American Wanderer's April/May issue. Hopefully this will result in additional sales, particularly now that warm weather is here, but we are facing competition from the increased number of new special event programs started in the past year.

However, there is still interest in our program. Ohio recently became the latest state with qualified walks and there are many others available. Locally, get an additional stamp at our spring picnic walk in Lake George on May 20.

NEW WALKS ADDED THIS MONTH

YRE/SEASONALS

Aberdeen, OH YR1732
Manchester, OH YR1741
Ripley, OH YR1765

ONE DAY EVENTS

7/11 Lexington, MA
7/14&15 Hatboro, PA

SUNSHINE COMMITTEE

Please let our Sunshine Secretary Kathy LeRoux know if you hear of anyone in our club who is recovering from surgery, in the hospital or is sick as well as any individual achievements they may be celebrating. She can be reached at her home phone 438-1947 or by E-mail Kathy30000@aol.com. You can also see her at the monthly ESCV club meetings.