



# EMPIRE STATE CAPITAL VOLKSSPORTERS

Website: [www.geocities.com/walkescv](http://www.geocities.com/walkescv)

May, 2007

**"TIME TO CELEBRATE MARVELOUS MEMORIES,  
MILESTONES, AND FRIENDSHIPS"**

## **MAY WALKS**

**REGISTRATION** ½ hour before all walks

### **WEDNESDAY WALKS 9AM & 6PM**

5K and 10K routes are available

- 2<sup>nd</sup> **Colonie Crossing**  
Start: St. Francis DeSales Church
- 9<sup>th</sup> **Round Lake\***  
Start: The Green
- 16<sup>th</sup> **Schenectady\***  
Start: River Walk SCCC
- 23<sup>rd</sup> **Voorheesville\***  
Start: St. Matthew's Church
- 30<sup>th</sup> **Loudonville\***  
Start: Siena College

### **YRE/SEASONAL GROUP**

Sunday, May 6<sup>th</sup> -**Saratoga Spa Park\***  
Start: 1:30PM, Hilton Garden Inn, 125 So.

Broadway  
POC - La Verne Stiles (518)584-5285  
Natalie Smith (518)584-0971

Saturday, May 12<sup>th</sup> -**Cooperstown\***  
Start: 9:30AM, Clark Sportscenter,  
Susquehanna Ave.

POC - Winnie Balz (518)372-3663  
Saturday, May 26<sup>th</sup> -**Saratoga Battlefield\***  
Start: 9:30AM, Sar Nat'l Battlefield, Rt. 32,  
Stillwater  
POC - Linda Morzillo

### **TRADITIONAL**

Saturday, May 5<sup>th</sup> -**Albany\* 20<sup>th</sup> Anniversary Walk**  
**(1<sup>ST</sup> Club Walk From 1987)**  
Start: 9AM-12PM, finish by 3PM  
Academy Park, Albany City Hall, Eagle St.  
POC - Marie Klucina (518)393-1800

\*denotes walk qualifies for AVA Special Program

## **PRESIDENTIAL RAMBLINGS ...**

As I write this it's tempting to say something about improving walking conditions (and I know you know what specific condition I mean), but it's probably better left unsaid so I don't jinx things! Instead let's focus on the merriment that May will bring with our weekend of 20<sup>th</sup> Anniversary festivities. It starts with a glorious May 4<sup>th</sup> Friday night party and dinner with a program that I know will knock your socks off (even if they aren't walking ones that night)! We'll continue rockin' the next day as we hit the trail in the morning on our Albany anniversary walk which goes into the afternoon for those that may have partied too much the night before! Lastly, to show the contrast that our walking event sites can offer, Sunday afternoon offers a group walk of Saratoga Spa Park. So quite a weekend for fun, fitness and friendship!

**THANKS FOR GROUP WALKS** go to Barbara Kolapakka and Toni Walsh as POC's of our seasonal events which held their kick-off walks in April. Walking conditions weren't very favorable for Bennington's original date so it was moved to a week later on the 22<sup>nd</sup> for a much better day and our visit to Scotia on the 28<sup>th</sup> helped conclude the month's schedule in style.

**TRADITIONAL WALK THANKS** are in order for Carol Sorensen, the POC of our first such walk event this year. It was held in Fort Edward on April 14<sup>th</sup> and her slightly different route got a nice reception before those unfavorable conditions came the next day. Ironically the good turnout was exactly the same as the first time the walk site was used in June of 2005. This time the walk was this

year's March for Parks event.

**WELL WISHES** this month are in general terms without specific updates, but our continued thoughts and prayers continue for all those we're concerned about. We are thankful that there are no known additions to the group and we have high hopes that everyone will be able to attend the anniversary party as their health allows.

---

---

## **FROM THE EDITORS**

Articles for the June newsletter are due by Friday, May 25, 2007. Please send us any news items that you feel would be interesting to our membership. Your reflections on a past or upcoming volkswalk and/or trips are always welcome.

### **WHEN SENDING ARTICLES FOR NEWSLETTERS**

**Please type messages and articles that you would like to appear in the ESCV Newsletter in either Microsoft Word or WordPerfect and attach to the email you are sending the editors (in other words, don't include the text in an email, pdf file, etc.). Also, send any pictures as "jpeg" files not exceeding about 200K in file size. This will minimize the work of reformatting and in some cases retyping various inputs to the newsletter. Your assistance here will help a lot. Thanks.**

**Lea Darling, [lea.darling@att.net](mailto:lea.darling@att.net)  
21 Van Vorst Dr., Burnt Hills, NY 12027  
399-7229**

**Sue Godshalk, [lgodshal@nycap.rr.com](mailto:lgodshal@nycap.rr.com)  
9 Hillock Ct., Glenville, NY 12302, 399-6041**

## SUNSHINE COMMITTEE

Please let our Sunshine Secretary Kathy LeRoux know if you hear of anyone in our club who is recovering from surgery, in the hospital or is sick as well as any individual achievements they may be celebrating. She can be reached at her home phone 438-1947 or by E-mail [Kleroux1@nycap.rr.com](mailto:Kleroux1@nycap.rr.com). You can also see her at the monthly ESCV club meetings.

## **Some Neighboring Clubs Walks for May**

### **VOLKSSPORT CLUB OF WEST POINT**

Saturday, May 19<sup>th</sup>, -Cornwall, NY

Contact: Joan Kimmel, JV [Kimmel@mindspring.com](mailto:Kimmel@mindspring.com)

### **FINGER LAKES REGION VOLKSSPORTER CLUB**

Saturday, May 19<sup>th</sup>, Ovid, NY

Contact: Doug Gausman, 719 Underwood Rd, Vestal, NY 13850

### **CONNECTICUT VALLEY VOLKSSPORT CLUB**

Saturday, May 19<sup>th</sup>, -Farmington, Conn.

Contact: Eileen Anderson, [eilande@aol.com](mailto:eilande@aol.com)

---

---

## **WALKER NAME TAGS**

If you have noticed those attractive name tags worn by most ESCV walkers, and you have been yearning for your very own; yearn no more. For a nominal cost of \$3.00, you can have one. We need a minimum of 10 before we can place an order. If you let her know, she'll be sure to add you to her list. [winnieeb@yahoo.com](mailto:winnieeb@yahoo.com) or give her a call at (518)372-3663.

Also, Winnie says she has a few name tags ordered last year which haven't been picked up. See her or give her a buzz to arrange a time and place.

---

---

## **ENJOY LUNCH AT THE HISTORIC**

**OTESAGA HOTEL** in the Hawkeye Room, Cooperstown after our Seasonal Walk on Saturday, May 12<sup>th</sup>. This has become a tradition after the walk. You can let the sign in committee know when you register that you would like to attend.

---

---

## **"NOW HEAR THIS - CALLING ALL NOMINATIONS"**

It's that time again. Time for elections. Your nominating committee is Carol Sorenson, Rita Gavin, Pat Whalen, and Mary Sorell. The slate will be announced at the May meeting with voting in June. If you know of anyone interested in running for an office or if you want to run yourself, contact one of the committee.

## **MEETINGS, MEETINGS, MEETINGS.....**

\*\*\*\*\* MONTHLY MEETING:      Next meeting Thursday, May 17<sup>th</sup>, 2007, 6:30PM, at the Latham Fire Department, 226 Old Loudon Road, Latham.

*Jackie & Doug Reynolds will share some stories from their travels to the Pacific Rim.*

Come one...Come all...to Each and Every One... an invitation to attend our informative monthly meetings. Enjoy strengthening and cultivating new friendships off the trails!

---

## ***NEW NEWSLETTER EDITORS WANTED***

After 4 years at the helm of writing your ESCV monthly newsletter, it is time for Sue and Lea to sign off and hand over the reins of publishing (not including duplicating & mailing) this auspicious monthly to someone(s) new. Change is good and brings with it new insight and ideas to keep the readership interested and involved. Remember, this is your newsletter and your input and your articles are what keep it exciting.

So step up to the challenge and volunteer to steer us on towards our next 20 years of walking. If you are interested, please contact Dave Skinner. If you would like more information on what and how we do the newsletter, please contact Susie Godshalk or Lea Darling.

---

**HELP...WE NEED AN ADDRESS** of one of our early members. We are hoping that someone out there has kept in touch with Bill Jenkins. If you have, or might think of someone else who knows of his whereabouts, please call Lea at (518)399-7229. Thanks.

---

### **20<sup>th</sup> Anniversary Party Update**

**Our May 4<sup>th</sup>, 20th Anniversary party is fast approaching! We have about 120 people who have signed up as of April 18th to come join in the fun and to see old friends and to meet new ones. April 24<sup>th</sup> was the date that all reservations needed to be in to Bernie.**

**Don't forget to look up the year that you joined ESCV. We will have markers available for you to write that year under your name on the nametag that Paula Pugliese is making for you!**

**We are looking forward to seeing you at our 20<sup>th</sup> Anniversary party on Friday, May 4<sup>th</sup>.**

Vera Weiss  
399-1798  
vweiss@nycap.rr.com

---

---

## **AMERICAN REVOLUTION WALKS**

March 31 marked the end of the third year of the American Revolution Walks program. We have sold 437 books and 157 have been returned, 149 for a patch and 8 for a 30 walk pin.

The program has had gross proceeds of \$3,496 and net income, after deducting expenses and a reserve for future expenses, is \$1,679.80. Of that amount, \$839.90 has been sent to AVA as their 50% share under the agreement establishing the program.

We currently have 82 year round and seasonal walks from 19 states listed as qualified walks. Walks are available from Maine to Florida and west to Michigan and Ohio.

---

---

### Williamstown Walk

*Well, a very large thank you to all the Williamstown Walkers on Saturday, March 21, 2007! There were 39 walkers, of which four did the new 5K stroll and thirty-three brave walkers did the reversed 10K. Might have felt like a few more hills going backwards. And, of course, as part of one of our favorite walks, 32 hungry souls stayed at the Williams Inn where we all enjoyed a lovely luncheon in the Tavern, followed by cookies for dessert. Williamstown is such a lovely, peaceful town (especially now that it was spring break time!) with many, many beautiful homes. If you were unable to join us, please be sure to try and add it to your agenda sometime this year. It would certainly be worth any effort. Then maybe a stop at the wonderful Clark Museum would make it a lovely day.*

*Shirley Pingelski, POC  
Lucy Healey, First Mate*

---

---

### Additions/corrections for your Directory

*Please put these additions and corrections with your directory for future references. The directory only comes out once a year. I will periodically put additions in the Newsletter.*

Antonia Walsh, [tonimwalsh@verizon.com](mailto:tonimwalsh@verizon.com) - correct e-address

Heather Knapp, [jheeknapp@verizon.net](mailto:jheeknapp@verizon.net) - correct e-address

Judi Kaufman, [jerdinew1@yahoo.com](mailto:jerdinew1@yahoo.com) - correct e-address

Kathryn Piffat – correct spelling of first name

LoueenWhalen, 4D Tupelo Drive, Clifton Park, NY 12065, 518-373-0460 [gntlenature@yahoo.com](mailto:gntlenature@yahoo.com)

Charlotte Phillips, 10 Cheshire Ct., San Antonio, TX 78218, 210-826-4972 address correction, e-address the same

Kate Cahill, 49 Keeler Drive, Albany, NY 12208, 518-438-2433 [KAC1049@yahoo.com](mailto:KAC1049@yahoo.com) Correct email address

Janis Nelson, 50 Concord Drive, Nassau, NY 12123, 518-766-2595

Eleanor B. Shutter, 40 Cemetery Ave., Menands, NY 12204-2401, 518-465-3839  
[rshuttel@nycap.rr.com](mailto:rshuttel@nycap.rr.com)

Nancy M. Wilder, 8 Ritchie Place, Saratoga Springs, NY 12866-2730, 518-587-2595  
[nmwilder@yahoo.com](mailto:nmwilder@yahoo.com)

Adrienne Levinthal, 211 First Street, Scotia, NY 12302, 518-382-8253  
[adrlev@verizon.net](mailto:adrlev@verizon.net)

Christine Hansen, 18 Lavery Drive, Delmar, NY 12054, 518-439-2152, [chhansen2@verizon.net](mailto:chhansen2@verizon.net)

Brian & Liz Walsh, 71 Meadowlark Drive, Cohoes, NY, 12047 518-237-6114,  
[malinowitze@yahoo.com](mailto:malinowitze@yahoo.com)

## MILESTONES FROM APRIL/MAY WANDERER

<b>10 Events</b> Jane Pattison	<b>50 Events</b> Richard Sheldon	<b>375 Events</b> Jean Padula Joe Padula	<b>400 Events</b> Marie Klucina
<b>525 Events</b> Winnie Balz			

<b>500 KM</b> Richard Sheldon	<b>3500 KM</b> Jean Padula Joe Padula	<b>4000 KM</b> Marie Klucina
----------------------------------	---	---------------------------------

### Club Officers:

President	Dave Skinner	DHS4774@aol.com
Vice President	Bernie Geren	tscbernie@hotmail.com
Recording Secretary	Kathy LeRoux	kleroux1@nycap.rr.com
Corresponding Secretary	Pat Lanphear	pmlanphe@nycap.rr.com
Treasurer	Joe Padula	ASPCAlbany@aol.com

### Other ESCV Positions

Membership	Marie Klucina	mklucina@nycap.rr.com
Newsletter Editors	Lea Darling	lea.darling@att.net
	Sue Godshalk	lgodshal@nycap.rr.com
Purchaser	Winnie Balz	winneeb@yahoo.com
Sunshine	Kathy LeRoux	kleroux1@nycap.rr.com
Walk Development & Traditional Events Coordinator	Bernie Geren	tscbernie@hotmail.com
YRE & E Walks Coordinator	John Cairns	JLCairns@aol.com
Wednesday Walks Coordinator & Web Master	Eileen Skinner	EFSkinner@aol.com
Historian & Anniversary Co-Chair	Jack Hickey	jhickey@nycap.rr.com
Anniversary Co-Chairperson	Vera Weiss	vweiss@nycap.rr.com
Publicity	Chase Pugliese	chasepugliese@hotmail.com
Carpooling Coordinators	Sandy Gordon	eow2004@juno.com
	Sue Grey	susanbg@earthlink.net

### Other Contacts

Website	<a href="http://www.geocities.com/WalkESCV">http://www.geocities.com/WalkESCV</a>
ESCV E-Mail	WalkESCV@aol.com
American Volkssport Association	<a href="http://www.ava.org">www.ava.org</a>
American Revolution Walks	<a href="http://www.home.earthlink.net/~amrevwalks">www.home.earthlink.net/~amrevwalks</a>
Informal Wednesday Morning WALKS	EmnEdKoch@aol.com
Travelwalk (Marion Burns)	Volkssporter@aol.com

Empire State Capital Volkssporters  
PO Box 5464  
Clifton Park, NY 12065-5464



***ESCV***  
***CELEBRATING 20 YEARS OF WALKING***  
*May 1987-May 2007*



**ANNIVERSARY EVENTS**

MAY 4<sup>TH</sup> ANNIVERSARY DINNER PARTY

MAY 5<sup>TH</sup> ORIGINAL ALBANY WALK

MAY 6<sup>TH</sup> SARATOGA SPA PARK WALK

