



Empire State Capital Volkssporters



Walking Club in the Capital Region of New York State

Member of the American Volkssport Association and the International Federation of Popular Sports

WWW.WALKESCV.ORG

SEPTEMBER 2017

Walk Schedule:

⇒ * **Registration begins 30 minutes prior to start.**

All dates and times as of publication are subject to change. Walkers are encouraged to **check the ESCV website.**

Year Round / Seasonal Group

Walks

Start time:

Wed & Sat 10 am*; Sun 1:30 pm*
See Walk Book for complete schedule.
Sep 6 (Wed) – Schenectady
Sep 10 (Sun) – Albany, Capital
Sep 13 (Wed) – Clifton Park
Sep 20 (Wed) – Williamstown, MA
Sep 24 (Sun) – Bennington, VT
Sep 30 (Sat) – Caroga Lake
Sep 30 (Sat) – Johnstown
Oct 1 (Sun) – Lake Placid
Oct 4 (Wed) – Saratoga Nat. Park
Oct 11 (Wed) – Lake George
Oct 14 (Sat) – Cooperstown
Oct 21 (Sat) – Saratoga Springs
Oct 25 (Wed) – Scotia
Oct 28 (Sat) – Troy
Nov 1 (Wed) – Saratoga Spa Park
Nov 8 (Wed) – Albany/Colonie Cross.
Nov 29 (Wed) – Albany, Crossgates

One-Day Traditional Events

Sat- Starts at 9-11:30am. Finish by 2:30
Sun- Reg. 1:00pm; group walk at 1:30

Oct 7 (Sat) – Moreau (Oktoberfest)
Oct 17 (Tue) – Schuylerville
Nov 5 (Sun) – Albany (Pizza Party)
Dec 2 (Sat) – Schenectady (Holiday Party)

Please refer to Walk Booklet for directions. Hint: Use Google Maps for directions from your home to starting point.

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Contact Us At:

Empire State Capital Volkssporters
PO Box 5464
Clifton Park, NY 12065-5464

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www.walkescv.org/



Rambling Thoughts . . . by Teresa Kennedy

Our wonderful summer weather was a boon this year for all the Wednesday walkers. Participation is up over 10 percent from last year and we can thank the many people (POC's, leaders, sweeps, table register workers, and greeters) who made our "jewel in the crown" program possible. Eileen Skinner again tabulated the numbers and awarded the 2017 buttons to all who walked ten walks. Thanks Eileen.

By now the 2019 convention talk is always a topic of conversation. On July 18, Henry Rosales, AVA Executive Director, and David Bonewitz, AVA President, made a three-day site visit to Albany. Our own Doug Reynolds served as greeter and driver and introduced our two guests to some of the proposed walk sites for the convention. All committee chairs met for an afternoon of information gathering and planning. Henry and David completed their visit by joining us for the Wednesday walk in Ballston Spa where they experienced a friendly, enthusiastic large group of ESCV^{ers}. They left impressed and sent follow up messages that they thought the convention would be in good hands. I'm sure they are right.

As always, happy walking everyone!

Important Notices:

- **Save Wed., September 27** for an informal walk up Vrooman's Nose to be led by Winnie Balz. This will be a wonderful opportunity to view the autumn colors in the Schoharie Valley
- **Walk & BBQ Invitation** – The Twin State Club has invited ESCV to join them for a group walk in Middlebury, VT on **September 30 at 10:00 am** followed by a barbecue at Charlotte's house in Cornwall. Charlotte Phillips is selling her house and hopes many of her old friends will be able to stop by. Carolyn Adams reports that Charlotte is breaking up housekeeping in Vermont and has a lot of walk memorabilia for friends to take as souvenirs.
- **Victory Walk** – The Victory Walk in Schuylerville and Victory Falls on October 17 is on a **TUESDAY**.
- **Hotmail** – Send all hotmails to Eileen **by Sunday night** for announcements related to the week. There will only be one hotmail per week to the membership.
- **Finger Lakes Trip** – Registration is **CLOSED**.
- **Lake Placid Group Walk** – email Rachel Trier, racheltrier@yahoo.com if you would be interested in being a driver for a carpool trip to Lake Placid for the group walk on Sunday, Oct. 1.



Victory Walk – Schuylerville & Victory Mills – Tuesday, October 17, 2017

By PoC: Doug Reynolds (518) 229-1141

This special, traditional event will commemorate the 240th Anniversary when British forces, under the command of General John Burgoyne, surrendered to Patriot forces' commander General Horatio Gates. This followed two battles, September 19 and October 7, both on Bemis Heights. The colonial forces successfully defended the passage between the Heights and the Hudson River so the invaders were unable to advance further south to Albany that would have split the four New England and New York colonies from the rest of the original thirteen.

After Burgoyne's defeat at Bemis Heights, he attempted to retreat north about 65 miles to Fort Ticonderoga where materials and additional men were stationed; he only got 9 miles to the small hamlet of (old) Saratoga, now named Schuylerville (and Victory Mills). After 10 days of being trapped there, and his remaining army slowly being strangled by patriot snipers and cannons, Burgoyne surrendered on Sunday, October 17, 1777. This event has been recognized as being in the top 10 most important military engagements in all of world history. This defeat for the Loyalists "opened the door" for France to join the colonial cause and to help win the American Revolution. All of this happened right in our own backyard.

This will be the third time this special event has been hosted by ESCV (230th; 235th; 240th) where we will again use the actual surrender date when the British army laid down their arms and Gen. Burgoyne passed his sword to Gen. Gates. There will be two guided walk groups, 5K and 10K, both registering at the Schuylerville Visitor's Center in Fort Hardy Park from 8:30am – 8:55am; the walk will start at 9:00am. The Fort Hardy location was the site British soldiers were ordered to deposit their weapons. The 5K route is rated 1B; the 10K at 3B. For additional details on driving directions and site map, historical notes, 5K and 10K route descriptions, etc., please select the link to the "Victory Walk" Brochure for this event. (Restrooms available at Start point and midway points of both distances.)

Victory Walk Brochure Link: <http://www.walkescv.org/17schuylervillevictory.pdf>

*Cooperstown
October 14th*

SAVE THE DATES ...

*Saratoga Springs
October 15th*

The Finger Lakes Club with 8 to 10 members is carpooling to our area in October. They plan to do our group walk in **Cooperstown** on **October 14th** and our seasonal walk in **Saratoga Springs** on **October 15th** starting at 10:00 am They will be staying in Saratoga on Saturday night. This would be a wonderful opportunity to meet the members of the Finger Lakes Club and to share our enthusiasm with them for the 2019 convention. Their president, Sue Connelly, has already pledged her enthusiastic support.

Why does it say 25 Years on the 10 Walk Award Button?

By Eileen Skinner

Several people have asked why the button says 25 years when this is our 30th club year. It's a very simple answer. The Wednesday Guided Walks began in summer of 1992, 25 years ago with a very limited number of walk venues. Approximately 60 people qualified for a button this year. Congratulations!

The list of those 'winners' will be published in the next edition of the newsletter.



Saturday, October 7, 2017
Fernwood Pavilion at Moreau State Park

Fun, Fitness, Friendship, and Fall! Fall is coming and so is ESCV's Oktoberfest! This year it will be held on October 7th at Moreau State Park. Come enjoy the beautiful autumn views of the lake surrounded by hardwood forests, pine stands, and rocky ridges. Walk between 9:00am-2:00pm, bring your favorite dish and join us for a picnic at noon – because no Oktoberfest would be complete without good food and great friends to celebrate with after the walks! Registration for the picnic is due by September 23, 2017.

Walk Brochure Link: <http://www.walkescv.org/17moreau.pdf>

Reservation form is on the last page of this newsletter.

Rockport, MA Walk Summary

By Vera Weiss

What a GREAT Volkswalk fifteen ESCV walkers had in Rockport, Massachusetts. on Saturday, August 5th thanks to the hard work and dedication of Joe, Kathryn, Barbara Piffat, and the rest of the Two Town Walking Club Volkssporters!

Several of us arrived early and stayed overnight in either Gloucester, Beverly or Rockport. We woke up on the day of the walk to lots of fog and very little visibility! We knew it would burn off within a few hours so that would not deter any of us from doing this walk!

The 10km walk took us along streets with many stunning homes and cottages that had lots of beautiful landscaped lawns, huge hydrangeas, rhododendrons and flowers that do so well in the salt air.

The Garden Path took us along the water's edge with some foggy views of the Atlantic Ocean and Rockport but still so beautiful to see the gorgeous homes and some of the Ocean!

We met up with an Italian IVV member family who decided to put their trust in us and join us! Their one son spoke English and asked us many questions. He told us that the parking prices were very high (\$12 to park one hour in Boston versus 2 Euros in Italy) and was very impressed with all the America flags hanging in front of homes and shops. This son served as a translator because his parents spoke limited English. It was truly exciting to see their reactions and enjoyment of Rockport as we talked and walked with them.

The Shalin Liu Performance Center was open for all of us to walk inside and to marvel at the floor to ceiling glass window which serves as the stage's backdrop with magnificent views of the ocean! Several of us have been to performances there and the performers always say that the view will probably upstage their act!

Seeing the Motif #1 from several vantage points along the walk afforded us many photograph opportunities. This red fishing shack with lobster buoys on one side is one of the most photographed and painted buildings in the USA.

Walking down Bearskin Neck is always a lot of fun! Peeking in the small shops and art galleries is a must. But the BIG attraction this year for our ESCV walkers was the strudel store near the end of the "neck". By this time many of us were hungry so a delicious strudel did the trick!

Again, I know that all the ESCV walkers and Marv and I would like to thank Joe, Barbara and Kathryn Piffat for all their hard work and effort to make this Traditional walk so extremely fun and educational. The written directions were well-written, and we all enjoyed the history lessons along the way. The arrows and streamers made the route easy to follow and were very much appreciated.



SAVE THE DATE ...



19th Annual Walk & Pizza Party

Sunday, November 5th

at St. Andrew's Episcopal Church Hall
10 Main Avenue, Albany, NY



If you are interesting in volunteering to help, please e-mail davidjaniga@urbanhiker.aol.com

More information in the next newsletter.

Walk Brochure Link: <http://www.walkescv.org/17pizzawalk.pdf>

2019 Convention Update

By Lea Darling

The Committee Chairs will be meeting once a month till June, 2019 to plan the first Northeast AVA 2019 "Walk Thru History" Convention. The excitement is 9.5 on a scale of 1-10.

Walks, Rachel Trier and Doug Reynolds, are taking on a new dimension with a new twist here and there. The equipment committee, Wayne Knapp and Kathy Mack, is chafing to get going on their plans once the Walks are cemented with our sister clubs. Workshops and Socials, Barb Kolapakka and Trudy Thun, plans are well under way. Our N.E.R.D., Chris Mellen, has graciously agreed to speak with AVA on their Workshop needs. He and his assistant, Carolyn Adams, the Assistant N.E.R.D. will then do the write ups and solicit speakers for these programs. Our graphic artist, Arden Lawand, has created a Google Documents site, designed our new convention logo and official stationery heading, and has offered her assistance to our Convention webmaster. Website webmaster, Eileen Skinner, is off and running on creating the look and information to be shared on ESCV's website. As soon as AVA has the button ready to go on their website, Eileen will get it posted. Publicity/Photographer, Linda Morzillo has been right on top of things with her first article in the August/September 2017 edition of The American Wanderer. She is looking for more folks to take photos during convention. If interested, email her LindaF.Morzillo@nycap.rr.com. Transportation, Deb D'Arcangelis, is also waiting for walks to get firmed up with dates so she can get moving. Treasurer, Warren Lavery, has contacted his liaison at AVA and is ready to move forward. Volunteer chair, Chris Yost, has a list garnered from the 2017 convention in Billings and will take any names for any job preference at cyost@nycap.rr.com. Bev Felts, Merchandise, has just come onboard and is getting up to speed with what her job entails.

Your convention co-chairs, Lea Darling leadarling@verizon.net and Teresa Kennedy, forty6er3k@aol.com would love to hear your suggestions and hope they can depend on most folks help during convention in June 2019.

Our Wish List: These chairs are still vacant and waiting for you: *Fund Raising, Grant Writer, Sponsorships Solicitor, Registrar, and Silent Auction Room.* If you can help out, let us know.

MONTHLY MEETING

6:30 PM

September Meeting – September 18, 2017

Latham Firehouse
226 Old Loudon Road, Latham

All are welcome!

Membership

by Larry Godshalk – email: lgodshal@nycap.rr.com

Birthday Wishes

Happy September Birthday to . . .

Mary Agars
Winnie Balz
Shirley Bold
Suzann Burke
Denny Cottrell
Rita Gavin

Diane Harper
Marie Healy
Sue Hess
Linda Kleinke
Joan Muir
Linda Nowak

Jane Pattison
Charlotte Phillips
Joseph Piffat
Barbara Piliere
Mary Ellen Putnam
Sue Ringanese

Patricia Rush
Beth Snyder
Carol Sorensen
Trudi Thun
Annalisa Van Avery
Mark Zwinak



Sunshine and Cards of Care

Please let our **Sunshine Secretary Kathy LeRoux** know if you hear of anyone in our club who is recovering from illness or surgery, Kathy will also send congratulations to club members for individual achievements they may be celebrating. Kathy can be reached at home by phone 438-1947 or email kleroux1@nycap.rr.com.

Name Tags

Name tags can be ordered at any time by contacting Laura Sheldon at sheldon.laural@gmail.com. They are available with either a magnet or pin back for \$8.00. If you would like it mailed to you, please add \$1.00.

From the Editor

Articles for the August newsletter are **due on Friday, September 22, 2017**. Please send us any news items that you feel would be interesting to our membership. Your reflections on a past or upcoming volkswalk and/or trip are always welcome. ☞ Ellen Brown - gorow1010-escv@yahoo.com - 384-0015

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- American Volkssporters Association

www.ava.org

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- Northeast Region

Chris Mellen – Northeast Regional Director www.avaclubs.org/NE_RD/

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- International Federation of Popular Sports

<http://www.ivv-web.org/>

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ESCV Want Ads

POCs: Learn how to administer a Traditional, Year Round (YRE) or Seasonal walk. Shadow a present POC to learn the necessary tasks to be completed as the POC of one of our walks. Many of our POCs have been administering certain walks for years and would like to "retire." Working with a present POC of a YRE or Seasonal walk for several months is a great opportunity for new members to learn about how our walk system works. New POCs are needed for traditional walks in 2017 and next summer's Wednesday walk schedule

ESCV Club Contacts

Office / Committee	Name	e-mail
President	Teresa Kennedy	Forty6er3K@aol.com
Vice President	Rachel Trier	racheltrier@yahoo.com
Secretary	Chris Yost	cyost@nycap.rr.com
Treasurer	Warren Lavery	warrenlavery@gmail.com
Historian	Dan Schryver	Dschryver@aol.com
Membership & Email Updates	Larry Godshalk	Lgodshal@nycap.rr.com
Name Tag Orders	Laura Sheldon	Cost is \$8 and must be prepaid with a check; add \$1 for mailing; Laura can be reached at 886-1841 or by E-mail at sheldon.laura1@gmail.com
Newsletter Editor	Ellen Brown	gorow1010-escv@yahoo.com
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Purchasing	Winnie Balz	winnieeb@yahoo.com
Sunshine Secretary	Kathy LeRoux	Kathy can be reached at 438-1947 or by E-mail kleroux1@nycap.rr.com .
Trail Master	Linda Morzillo	lindaf.morzillo@nycap.rr.com
Traditional Events Coordinator	Rachel Trier	racheltrier@yahoo.com
Wednesday Walk Coordinator	Sue Burke	svburke@nycap.rr.com
YRE/Seasonal Walks Chairperson	Liz Walsh	lizwalsh48@gmail.com
Webmaster	Eileen Skinner	EFSkinner@aol.com



2019 CONVENTION

2019 Convention Chairpersons		
Co-Chairs	Lea Darling	leadarling@verizon.net
	Teresa Kennedy	Forty6er3K@aol.com
Finance	Warren Lavery	warrenlavery@gmail.com
Fund Raising		
Grant Writer		
Merchandise Chair	Bev Feltt	AuntBev9@aol.com
Publicity	Linda Morzillo	lindaf.morzillo@nycap.rr.com
Programs	Barbara Kolapakka	bkola67@gmail.com
	Trudi Thun	trudi248@gmail.com
Registrar		
Silent Auction Room		
Sponsorship Solicitor		
Transportation	Deborah D'Arcangelis	dmdarcang@gmail.com
Volunteer Coordinator	Chris Yost	cyost@nycap.rr.com
Walks	Doug Reynolds	dougreynolds@juno.com
	Rachel Trier	racheltrier@yahoo.com
Walks Equipment	Kathy Mack	kmack1952@gmail.com
	Wayne Knapp	waynecknapp@gmail.com
Web Master	Eileen Skinner	EFSkinner@aol.com

An Invitation from Charlotte Phillips

All things must change, and I am entering a change from a house owner to a renter. I am asking you to come to cookout at my house -- 219 Snake Mountain Road, Cornwall, Vermont at 1:00 until the food is gone on 30 September. After the meal, you can help me clean out my house by taking what you need or would like to have. There are no restrictions. Yes, you can take my bed room set or a picture or two. Do a TSVA walk for payment. – *Charlotte Phillips*

Volkssporters on the go . . .



Peebles Island, Waterford – June 28

Photos by Linda Morzillo



Round Lake – July 12

Photos by Linda Morzillo



Ballston Spa – July 19

Photos by Linda Morzillo



Saratoga Springs – August 9

Photos by Linda Morzillo



Saratoga Tec Park Walk – August 16

Photos by Linda Morzillo



