



WWW.WALKESCV.ORG

MARCH/APRIL 2018

Walk Schedule:

* Registration begins 30 minutes prior to start. All dates and times as of publication are subject to change. Walkers are encouraged to check the ESCV website.

Year Round / Seasonal Group Walks Start time:

Wed & Sat 10 am*; Sun 1:30 pm*
See Walk Book for complete schedule.
Mar 21....(Wed) Schenectady
Apr 4(Sat) Saratoga Spa
Apr 11(Wed) Williamstown
Apr 15 ...(Sun) Troy
Apr 18 ...(Wed) Scotia
Apr 25 ..(Wed) Lake George
Apr 28 ...(Sat) Clifton Park

One-Day Traditional Events

April 21 Schenectady
May 19 Stockbridge, MA
June 9. Menands

Wednesday Walks

Scheduled May thru August.

Please refer to Walk Booklet for directions.
Hint: Use Google Maps for directions from your home to starting point.

Contact Us At:

Empire State Capital Volkssporters
PO Box 5464
Clifton Park, NY 12065-5464

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www.walkescv.org/



Rambling Thoughts... by Teresa Kennedy

Winter is hopefully about to end and our busy season of walking about to begin. Check your bookmarks for the group walk schedule. Many are scheduled for spring dates in March and April. Be sure to save Saturday, April 21 for a traditional walk in Schenectady and see first hand the development that is taking place around the new casino. Our convention committee has been hard at work the past few months devising budgets and discussing ideas to make the convention a must attend event for walkers from around the country. I think you will be amazed once the program is revealed. Of course it is a HUGE undertaking and will require the help of all our members. The convention is now less than 450 days away.

In the meantime, happy walking everyone.

New Stamps, New Stamping Technique

If you about to walk for the first time in 2018 you will see the new stamps that call for a bit of change to the art of stamping. Because the old stamps consisted of raised letters and numbers, we typically pressed hard into the stamp pad before pressing hard and in a back and forth motion in our books.

The new stamps can be lightly pressed into the ink and a lighter touch is all that is needed to stamp books. They also provide more information as the stamp will include the place name of the walk. What is also nice is that the new stamps save money as clubs now own the handles omitting the need to return them to AVA at the completion of an event.

Important Notices: Hotmail – Send all hotmails to Eileen by Sunday night for announcements related to the week. There will only be one hotmail per week to the membership.

A New Schenectady Walk April 21, 2018



ESCV's first traditional walk of 2018 will provide a first hand look at the major new development along the Mohawk River known as Mohawk Harbor.

Where once stood the very important ALCO plant, is now a 60 acre site being transformed into a planned community that includes apartments, offices, restaurants, retail space, hotels and a casino. Eventually the area will include a pedestrian riverside walkway with a direct link to the Mohawk Hudson Hike-Bike Trail as well as an amphitheater and a harbor with public access for boating. There is even talk of a museum arboretum.

Join us on April 21 to see for yourself the changes taking place in the city. The walk will juxtapose the modern with the old as we go from 2018 architecture of the harbor area to the 18th and 19th century

homes in the Stockade. Decide for yourself which you prefer!!!

When obtaining permission to use the site as a starting point, the human resources manager of the Riverside Resorts and Casino became interested in our club and saw the walk as a good health and wellness activity for her staff. As a result, the Riverside Resort has offered to cover the cost of the registration fee its employees.

Carol Puglisi and Donna Farber are the brand new POC's who worked out all the details. Vera Weiss mentored Carol and Donna from beginning to end continuing the ESCV tradition of experienced POC's teaching new POC's the very complicated ins and outs of putting on a walk

<http://walkescv.org/18schenectadyharborside.pdf>

★★★ Important Notices ★★★

The Next Club meeting will be held on March 21 at 6:30 pm at the Latham Firehouse.



Corrections to the Bookmark. **Please note.** The group walk in Cooperstown will not take place on May 12 so as not to conflict with Walk 'n Mass' walk in Springfield.



A new date for Cooperstown will be announced later.



The correct fall date for Johnstown is Sept. 5

The 2018 Membership Directory and 2018 Wednesday Guided Walk Booklet are at the printer. They will be mailed out within the next week or so.

The Big Give takes place this year from March 15-22. Last year \$68,000 was raised for AVA. The goal this year is \$70,000. See AVA.org for details on how to make an individual contribution. Traditionally ESCV donates a dollar for every member.

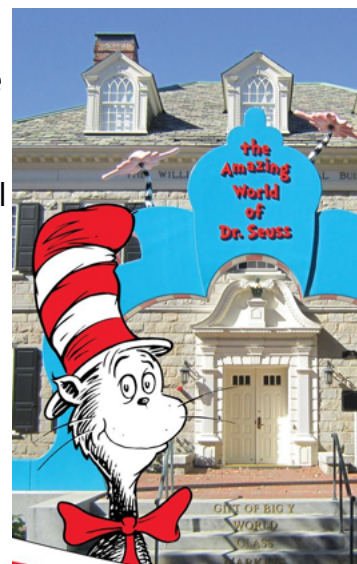
Walk 'n Mass to Host a Traditional Event in Springfield, MA.

~ Saturday, May 12, 2018 ~



Walk in historic Forest Park designed by Frederick Law Olmstead in Springfield on Saturday, May 12, 2018, and preview one of the 2019 AVA Convention Walks.

There will be 10k and 6k routes. The start times are 9 am to noon. After the walk one might also visit the nearby Basketball Hall of Fame or the Amazing World of Dr. Seuss Museum.



Event and Distance Milestones

Congratulations to all our members who completed event and/or distance milestones published in the American Wanderer.

The achievements below are from the Oct/Nov and Dec/Jan issues. If your name was in the milestones listed in those issues and is not included below please e-mail Barbara Kolapakka at bkola67@gmail.com and it will be noted in the next listing.

30: ----- Carol Puglisi
75: ----- Donna Farber
125: ----- Cathy McGuire
Brian Walsh
150: ----- Carol Loeber
275: ----- Chris Yost
300: ----- Janice Golden
325: ----- Liz Walsh
400: ----- George Agars
475: ----- Karen Watson
575: ----- Mary Agars

600: ----- Sue Grey
650: ----- Marion Averill
850: ----- Jackie Reynold
900: ----- Winnie Balz
Doug Reynolds
1100: ----- Dave Janiga
Linda Morzillo
1700: ----- Barbara Piffat
Joe Piffat
2000: ----- Eileen Skinner

Upcoming Traditional Events in the Northeast Region

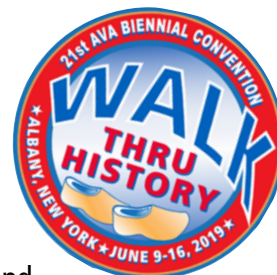
Date	Location	Club
April 7	Holliston, MA	Walk 'n Mass
April 21	Schenectady, NY	ESCV
May 12	Springfield, MA	Walk 'n Mass
May 12	Vestal, NY	Finger Lakes Volkssport Club
May 19	Stockbridge, MA	ESCV

<http://walkescv.org/18Stockbridge.pdf>

Convention Notes...

Silent Auction Convention Chair Vacancy

The 2019 Convention Committee is looking for a creative, energetic, organized individual to head up a team of fun loving volunteers to have fun with soliciting, organizing, coordinating, and manning this focal area of the convention. We are ready with a groundwork of more than 5 ready to go committee people waiting for your direction and support. Please let Lea Darling, leadarling@verizon.net know that you're the one we are waiting to just "Say Yes!"



Regifting: To give away an unwanted gift.

Now that the holiday season is long past and three months of birthdays have occurred since the first of the year, consider donating to ESCV your unwanted or unneeded gifts.



These will be used in our scavenger hunts, Silent Auction and other games during convention to make money to defer some convention costs.

We are a not for profit organization and you can deduct your donation on your taxes. Send Lea Darling an email with questions or donations.

ESCV Club Contacts



Office / Committee	Name	e-mail
President.....	Teresa Kennedy.....	Forty6er3K@aol.com
Vice President	Rachel Trier	racheltrier@yahoo.com
Secretary	Chris Yost.....	cyost@nycap.rr.com
Treasurer	Warren Lavery.....	warrenlavery@gmail.com
Historian	Dan Schryver.....	Dschryver@aol.com
Membership & Email Updates.....	Larry Godshalk.....	Lgodshal@nycap.rr.com
Name Tag Orders.....	Laura Sheldon	Cost is \$8 & must be prepaid with a check; add \$1 for mailing; Laura can be reached at 886-1841 or E-mail at sheldon.laura1@gmail.com
Newsletter Editor	Ellen Brown	gorow1010-escv@yahoo.com
Publicity	Kathy Mack.....	kmack1952@gmail.com
Purchasing	Winnie Balz.....	winnieeb@yahoo.com
Sunshine Secretary.....	Kathy LeRoux	Kathy can be reached at 438-1947 or by E-mail kleroux1@nycap.rr.com
Trail Master	Linda Morzillo.....	lindaf.morzillo@nycap.rr.com
Traditional Events Coordinator.....	Rachel Trier	racheltrier@yahoo.com
Wednesday Walk Coordinator	Sue Burke	svburke@nycap.rr.com
YRE/Seasonal Walks Chairperson	Liz Walsh.....	lizwalsh48@gmail.com
Webmaster.....	Eileen Skinner	EFSkinner@aol.com

2019 CONVENTION — *Walk Thru History*



Co-Chairs	Lea Darling	leadarling@verizon.net
	Teresa Kennedy.....	Forty6er3K@aol.com
Finance.....	Warren Lavery.....	warrenlavery@gmail.com
Merchandise Chair	Bev Feltt.....	AuntBev9@aol.com
Publicity	Linda Morzillo.....	lindaf.morzillo@nycap.rr.com
Programs.....	Barbara Kolapakka	bkola67@gmail.com
	Trudi Thun	trudi248@gmail.com
Registrar	Louise Remillard	lremillard@nycap.rr.com
Silent Auction Room.....		
Local Sponsorship	Rachel Trier	racheltrier@yahoo.com
Transportation.....	Larry Godshalk.....	godshalk@nycap.rr.com
Volunteer Coordinator.....	Chris Yost.....	cyost@nycap.rr.com
Walks	Barbara Kolapakka	bkola672gmail.com
Walks Equipment	Kathy Mack.....	kmack1952@gmail.com
	Wayne Knapp	waynecknapp@gmail.com
Web Master	Eileen Skinner	EFSkinner@aol.com



EMPIRE STATE CAPITAL VOLKSSPORTERS

MEMBERSHIP FORM

Memberships run from January 1 to December 31 each year

Membership Type:	
<input type="checkbox"/> Single (\$12)	<input type="checkbox"/> Family (\$20) Family memberships will be recorded as individual memberships in the Directory so you can each have your own email address and phone number if desired. Please fill out both sections below.

PLEASE PRINT CLEARLY

Name: _____	<input type="checkbox"/> New Member / <input type="checkbox"/> Renewal
Address: _____	City: _____ State: _____ Zip: _____
Phone: (h) _____ (c) _____	Email: _____
What Month is Your Birthday (Optional): _____ Do you receive The American Wanderer ? Yes / No	
NEW members choose which type of ESCV Car Window Decal you'd like : <input type="checkbox"/> Inside / <input type="checkbox"/> Outside	

Name: _____	<input type="checkbox"/> New Member / <input type="checkbox"/> Renewal
Address: _____	City: _____ State: _____ Zip: _____
Phone: (h) _____ (c) _____	Email: _____
What Month is Your Birthday (Optional): _____ Do you receive The American Wanderer ? Yes / No	
NEW members choose which type of ESCV Car Window Decal you'd like : <input type="checkbox"/> Inside / <input type="checkbox"/> Outside	

Larry Godshalk, Membership Chairman – Questions? 518-399-6041; LGodshal@nycap.rr.com



PLEASE READ:

New Members:

- New memberships after September 1st are one half the annual fee through the end of the year.
- “New Walker Program” packets are an **additional** \$10. (New Walker Program packets include EVENT and DISTANCE booklets, walk coupons, etc.)
- If a new member, how did you hear about us?
- **NEW members** will receive a ESCV Car Window Decal. Choose if **you'd like** one for Inside (for un-tinted windows) **or** Outside (for tinted windows).

E-Mail: To enhance communications, save volunteer time, and reduce costs, most correspondence is done by email. Please include your email address.

Renewal: Renewal starts November 1st. Renewals received after **January 31st** will not be entered into the Membership Directory and expired memberships after that date will not receive the newsletter, walk booklets, etc., and will be dropped from the “Hotmail” (email) list.

Snowbirds:

If you have a winter mailing address, please identify on the back of this form and the approximate dates this mailing address is effective **to ensure you receive mailed club booklets**. ☐ Winter address on back

Order Name Tag:

Custom-made club name tags are available for purchase. Go to the ESCV club website at www.walkescv.org and select the ORDER NAME TAG tab for more information or click <http://www.walkescv.org/nametag.html>

Volunteer: Circle areas you would like to help out:

Registration at walks, Developing new walks,
Programs, Spring Picnic, Oktoberfest,
Pizza Party, Christmas Party,
Where Needed (there are many other jobs).

Payment:

Make check payable to **ESCV:**

Single Membership \$12

\$ _____

Family Membership \$20

\$ _____

(New members joining Sept. 1st to Dec. 31st are one half the annual fee through the end of the year.)

“New Walker Program” packet \$10 (optional)

\$ _____

Total Enclosed: \$

Mail this form and check to:

ESCV Membership
PO Box 5464
Clifton Park, NY 12065-5464

Date Submitted:

Membership

Larry Godshalk email: lgodshalk@nycap.rr.com

2018 MEMBERSHIP RENEWAL

The membership database has been updated with all renewals received through March 14th and we have 249 active members starting out in 2018.

As in years past it is expected that a number of stragglers will rejoin over the next several months. If you haven't sent in your 2018 Membership Renewal please send it in as soon as you can. You can print out a copy of the membership form located at the end of this Newsletter; fill it out, write a check, and mail it in. You can also print out a copy of the membership form from our website. You must be an active member to continue receiving club communications including HOTMAILs and club booklets.

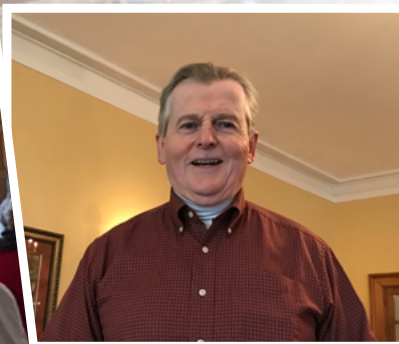
2018 Membership Directory and 2018 Wednesday Guided Walk Booklet
are at the printer. They will be mailed out within the next week or so.

Pizza Party





Holiday Party



Holiday Party



21st Biennial AVA Convention

- ★ Portsmouth NH ★ Danvers MA
- ★ Springfield MA ★ Saratoga NY
- ★ Cohoes/Waterford NY ★ Albany NY
- ★ Cooperstown NY ★ Buffalo NY



Fun, Fitness, Friendship

www.ava.org



Northeast Region

Chris Mellen – Northeast Regional Director

www.avaclubs.org/NE_RD/



International Federation of Popular Sports

<http://www.ivf-web.org/>



Empire State Capital Volkssporters

PO Box 5464

Clifton Park, NY 12065-5464